



Fall Protection

FALL PROTECTION PLAN



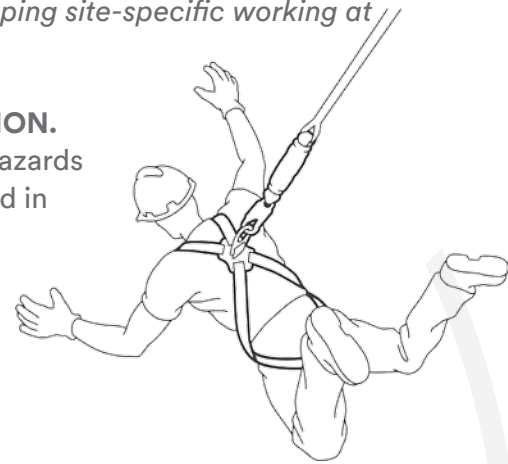
IMPORTANT: This document is intended to provide guidance only for developing site-specific fall protection plans for working at heights.

FALL PROTECTION PLAN

IMPORTANT: This document is intended to provide guidance only for developing site-specific working at heights fall protection plans. It must be specific for each work site.

THIS WORK PLAN WILL BE AVAILABLE ON THE JOB SITE FOR INSPECTION.

All employees that will be working on this job site will be aware of the fall hazards and will understand the means of mitigation that will be utilized as contained in this fall protection plan.



1. Fill Out the Specific Job Information

Company Name: _____

Job Name: _____

Date: _____

Job Address: _____

City: _____

Job Foreman: _____

Jobsite Phone: _____

2. Fall Hazards in the Work Area - Include locations and dimensions for hazards.

Elevator shaft: _____

Stairwell: _____

Leading edge: _____

Window opening: _____

Outside static line: _____

Roof eave height: _____

Perimeter edge: _____

Roof perimeter dimensions: _____

Other fall hazards in the work area: _____

3. Method of Fall Arrest or Fall Restraint - For fall protection equipment, include details such as, manufacturer etc.

Full body harness: _____ Body belt (Restraint only): _____

Positioning Lanyard: _____ Self-Retracting Lifeline: _____

Lifeline: _____ Restraint line: _____

Horizontal lifeline: _____ Rope grab: _____

Deceleration device: _____ Shock absorbing lanyard: _____

Locking snap hooks: _____ Safety nets: _____

Guard rails: _____ Anchorage points: _____

Warning Lines: _____ Scaffolding platform: _____

Safety monitor & Name: _____

Other: _____

4. Assembly, Maintenance, Inspection, Disassembly Procedures

Assembly and disassembly of all equipment will be done according to manufacturers' recommended procedures. (Include copies of manufacturer's data for each specific type of equipment used.) Designate who will be responsible for each task and what level of training they have.

Specific types of equipment on the job are: _____

A visual inspection of all safety equipment will be done daily or before each use, as stated in the Employee Training Packet. Any defective equipment will be tagged and removed from use immediately. The manufacturer's recommendations for maintenance and inspection will be followed. _____

5. Handling, Storage & Securing of Tools and Material

Toe boards will be installed on all scaffolding to prevent tools and equipment from falling from scaffolding.

Other specific handling, storage and securing is as follows: _____

6. Overhead Protection

Hard hats are required on all job sites with the exception of those that have no exposure to overhead hazards. Warning signs will be posted to caution of existing hazards whenever they are present. In some cases, debris nets may be used if a condition warrants additional protection.

Additional overhead protection will include: _____

Toe boards (at least 4 inches in height) will be installed along the edge of scaffolding and walking surfaces for a distance sufficient to protect employees below. Where tools, equipment or materials are piled higher than the top of the toe board, paneling or screening will be erected to protect employees below.

7. Injured Worker Removal

Normal first aid procedures should be performed as the situation arises. If the area is safe for entry, the first aid should be done by a foreman or other certified individual.

Initiate Emergency Services – Dial 911 (where available)

Phone location: _____

First aid location: _____

Elevator location: _____

Crane location: _____

Other: _____

Location: _____

Rescue considerations. When personal fall arrest systems are used, the employer must assure that employees can be promptly rescued or can rescue themselves should a fall occur. The availability of rescue personnel, ladders, or other rescue equipment should be evaluated. In some situations, equipment that allows employees to rescue themselves after the fall has been arrested may be desirable, such as devices that have descent capability.

Describe methods to be used for the removal of the injured worker(s): _____

8. Training and Instruction Program

All new employees will be given instructions on the proper use of fall protection devices before they begin work. They will sign a form stating they have been given this information. This form becomes part of the employee's personnel file.

The written fall protection plan will be reviewed before work begins on the job site. Those employees attending will sign below. The fall protection equipment use will be reviewed regularly at the weekly safety meetings.

Date: _____

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Foreman or Job Superintendent: _____

Prior to permitting employees into areas where fall hazards exist, all employees must be trained regarding fall protection plan requirements. Inspection of fall protection devices/systems must be made to ensure compliance with OSHA and (Company Name) internal regulations.



3M Fall Protection
Personal Safety Division
3833 SALA Way
Red Wing, MN 55066 USA
Phone 800-328-6146
Email 3mfallprotection@mmm.com
Web 3M.com/FallProtection