

West Central Ohio Safety Council June 2022

**CAN YOU BELIEVE IT'S
OUR LAST ZOOM
MEETING?**

We will start at
8:02am.

Thank you! 😊

**Beth Angus
Safex**



Attend virtually!



**Heat Stress
Beth Angus, Safex, Inc.**

**BWC Updates
Dean Bidlack**



Webinar Logistics

Welcome!

THIS IS OUR LAST VIRTUAL MEETING!!!!

- Please use the chat feature to network and to ask any questions.
- A recording of this webinar along with all the information from today's meeting will be shared via email to all attendees.
- If you have any ideas for a future speaker or topic, please let us know.

Steering Committee Members

President: Amy Ricker, Lima Pallet Co.

Vice President: Crystal Jackson, Cenovus- Husky
Lima Refinery

Past President: Craig Hohenbrink, INEOS

Tony Daley, Spallinger Millwright

Rose Hesseling, HCF Management

Joe Hutton, Fort Amanda Specialties

Deb Mosher, Institute for Orthopedic Surgery

Dean Bidlack, BWC Rep

Jed Metzger, Chamber Liaison

Deb Katzenmeyer, Manager

Candid Steering Committee Photo 😊



Your Steering Committee
'on duty' at a monthly
meeting.

*2 members are not shown in this photo:
Joe Hutton and Deb Mosher*

July - December Topics & Speakers

DATES	Subject/Topic	Speaker Name/Title/Company
7/12/2022	Leaving a Safety Legacy	Wiley Davidson, Legacy Safety Solutions
8/9/2022	Distracted Driving Wellness EAP Info	Lt. Alex P. Coil Jennifer Millers
9/13/2022	Cyber Security	Lisa Niekamp-Urwin, Owner, Tomorrow's Technology Today
10/11/2022	Fire Safety Month - Fire Sprinkler Safety	Chief Andy Hefner, Lima Fire Department
11/8/2022	OSHA Recordkeeping	David Kroll, Sheakley
12/13/2022	The Funny Thing About Stress	Kay Frances, Comedian/Speaker

FY23 Program Year July 1, 2022 – June 30, 2023

- ✓ **In-person meetings resume!**
 - ✓ Minimum 10 meetings required
 - ✓ Virtual broadcast of meetings optional – online
 - ✓ participation yields no attendance or rebate credit
- ✓ Permanent elimination of semi-annual reports and annual recognition certificates
- ✓ BWC staff to resume full participation
- ✓ Steering committee recommended (not req'd)

FY23 Program Year July 1, 2022 – June 30, 2023

Rebate program resumes!

Employer eligibility requirements:

1. Be enrolled in safety council by July 31, 2022
2. Attend 10 meetings

CEO requirement eliminated

2% for all eligible employers - No group rating eligibility distinctions

FY23 External Training Credit

Maximum two external training credits – at least eight safety council meetings with up to two external training credits

BWC in-person courses or virtual training courses

- ✓ NOT e-courses or webinars
 - ✓ BWC-sponsored in-person seminars or conferences
Ohio Safety Congress
 - ✓ In-person safety training from external
 - ✓ sources
 - ✓ Industry association, TPAs, etc.
-
- ✓ **It is employer's responsibility to submit documentation to sponsor by June 30, 2023**
 - ✓ **Safety training conducted at employer's own workplace does NOT qualify**
 - ✓ **Virtual/online training does not qualify (*except BWC Virtual Training Classes*)**

Ohio Safety Council in-person meetings and rebate resume July 2022

Thousands of Ohio employers benefit from the education, resource sharing, and premium savings which result from actively participating in their local safety council monthly meetings. And you can join them.*



Bureau of Workers' Compensation

BWC Safety Councils can help you:

- o Learn techniques for increasing safety, health, and wellness in your workplace.
- o Network and share best practices with other employers in your community.
- o Identify resources to assist you in your accident prevention efforts.
- o Access risk management information and strategies to reduce your worker's compensation costs.

To earn a 2% safety council rebate on your workers' compensation premium, meet rebate eligibility requirements in one of Ohio's more than 80 BWC-sponsored safety councils.

Participation is simpler and easier than ever before.

- Join or confirm your existing, active membership in a local safety council by July 31, 2022.
- Attend 10 in-person safety council meetings between July 1, 2022 – June 30, 2023:
 - o At least eight, or all 10, through attendance at local safety council sponsored monthly meetings, seminars, or special events.
 - o You can earn **external training credit** for up to two meetings through attendance at BWC-sponsored in- person or virtual training courses **or** in-person safety training from other external sources (e.g. industry associations, third party administrators, etc.). It is the employer's responsibility to submit documentation to safety council by June 30, 2023 for attendance at non-safety council safety training to qualify. Documentation must be an official certificate of attendance or transcript.

Additional safety council rebate eligibility guidelines:

- o A person can represent only one policy number with his or her attendance at a safety council meeting or external training event.
- o Safety council monthly meetings do not qualify for meeting credit for any employer not enrolled in that safety council.
- o No matter the duration of the training, seminar, or conference, only one external training credit is earned per event.
- o Safety training conducted at an employer's workplace does not qualify for safety council rebate program eligibility.
- o Virtual/Online training does not qualify for safety council rebate program eligibility except BWC virtual training classes.

*The rebate offer excludes self-insuring employers and state agencies. Limitations apply to a professional employer organization and its clients.

To receive the rebate, employers must be current with respect to all payments due BWC. Employers may not have cumulative lapses in workers' compensation coverage in excess of 40 days within the prior 12 months. Additionally, employers must have timely reported actual payroll for the preceding policy year and pay any premium due upon reconciliation of estimated premium and actual premium.

Attendance Incentive



\$100 each meeting -
attend to be entered for
the drawing

YOU could WIN
TODAY! 😊



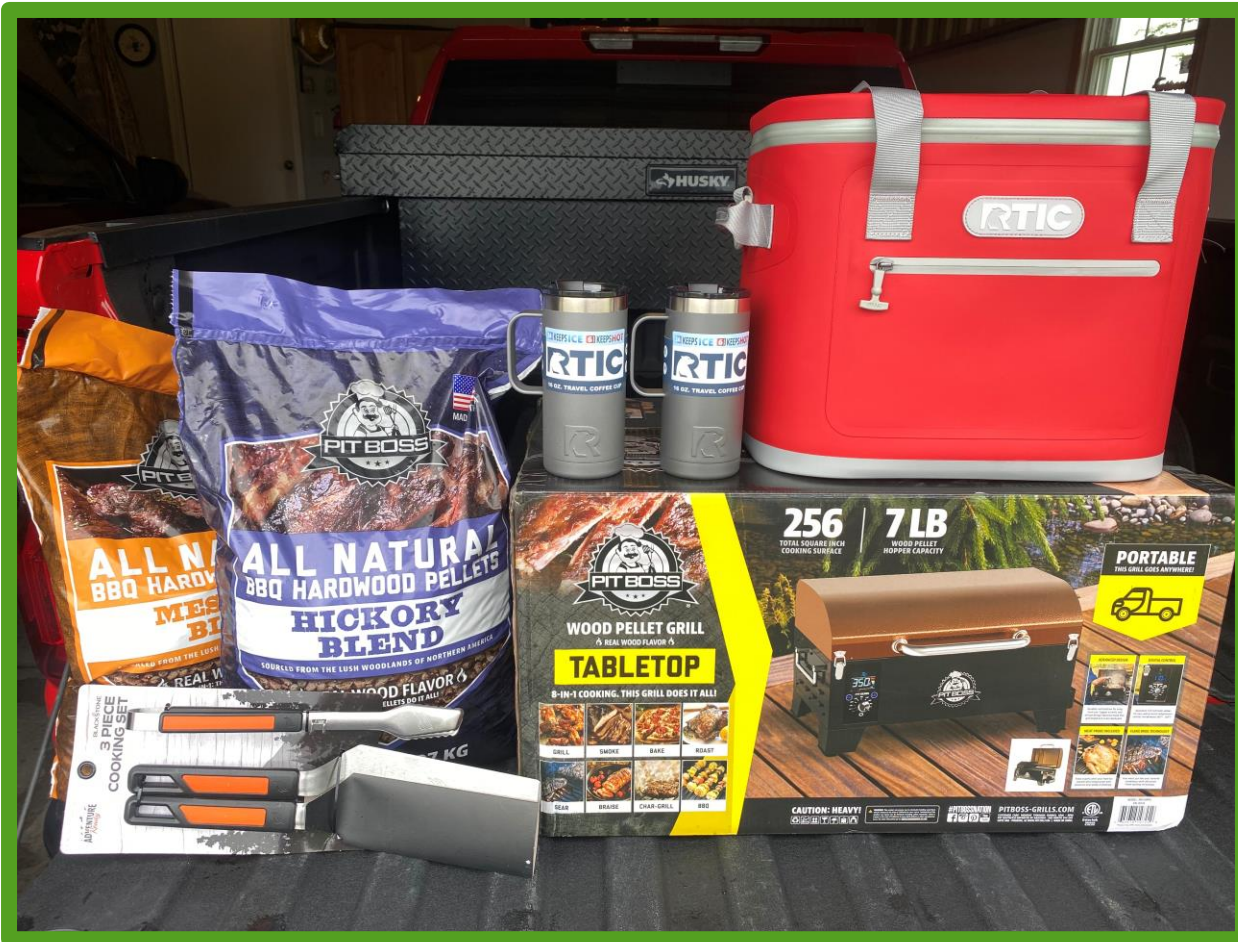
Grand Prize drawing in June including ALL
attendances for FY22.

*Will be distributed at the July 12th in-
person meeting at Howard Johnson*



Winner to be notified/announced after
each meeting. - except Grand Prize

Attendance Incentive - Grand Prize

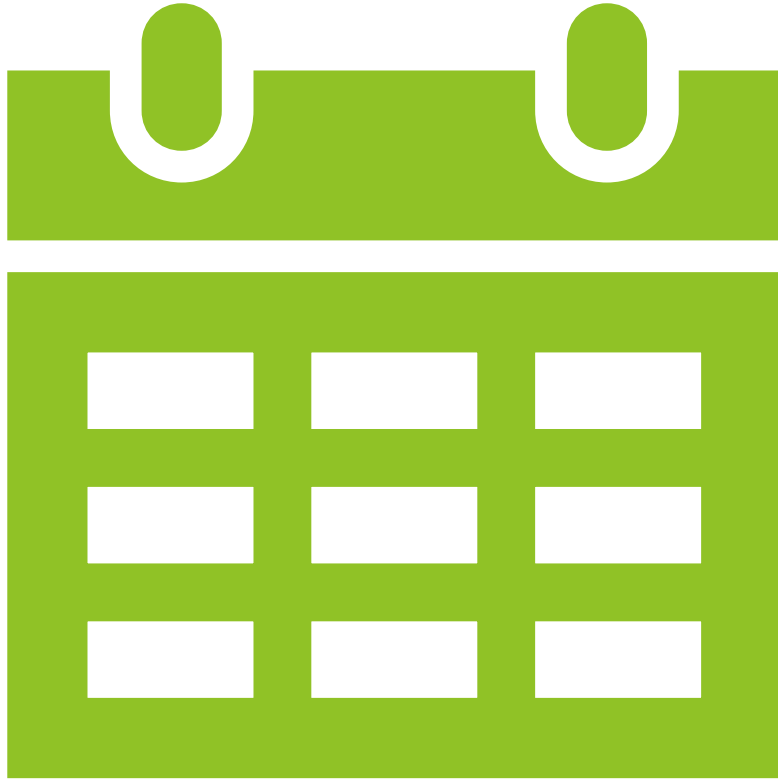


- PitBoss portable tabletop smoker
- PitBoss wood pellets (mesquite and hickory)
- Grill utensils
- Rtic 30 can cooler
- Rtic 16oz mugs (2)
- Keystone Meats gift card \$75

VIRTUAL Registration Process



... automatically
This avoids
to go out and
... or risk missing
... registering.
... out via
email, so
anyone who
the invites - or ask
the list if needed.



Registration Process

Starting Next Month

- All email addresses on our safety council membership list will be emailed an invitation 2-3 weeks before each meeting, including reminders.
- You may register others when you put in your registration. If someone needs to be receiving the invites and is not, just ask me to add them to the list.
- **Must Register Online:**
 - You need a login to do so. If you do not have a login, let me know ASAP!
 - We have to give a headcount for breakfast. While we can accommodate SOME walk-ins, please don't make it a habit.
 - You will receive the newsletter within a few days following each month's meeting

BWC Updates

Dean Bidlack

Reminder

Thank You
for
Working Safely

SmartSign.com • 800-952-6457 • 50 800



Bureau of Workers'
Compensation



**Safety
Training**

We've Got You Covered



2022 OHIO SAFETY CONGRESS • CLEVELAND • MARCH 9-10

[Register Here](#)

SAVE THE DATE

Ohio

Bureau of Workers' Compensation

Ohio Safety Congress 2023 *MARCH 9-10-23*

Heat Stress and OSHA's Emphasis Program



Beth Angus
Presenting



HEAT STRESS AND
OSHA'S EMPHASIS
PROGRAM

WELCOME

Meeting Wrap up - Thanks for attending!



\$100 in Chamber gift certificates - drawn after the meeting.

GRAND PRIZE WILL BE DRAWN AFTER THIS MEETING - AND AWARDED AT THE JULY MEETING



All information from today's meeting will be shared via email after the meeting.



Questions/Comments?
Email me at dkatz@limachamber.com.

Thanks for attending!



Wiley Davidson

Leaving a Safety Legacy

NEXT MEETING - IN PERSON

JULY 12TH, 2022 @ 7:30AM @ HOJO



Please complete the meeting evaluation survey when you receive it.



Deb's Contact Info

Direct #
419.222.6708

Email:
dkatz@limachamber.com

Thanks for attending!



bangus@safex.us
dgroteadams@safex.us



614.890.0800



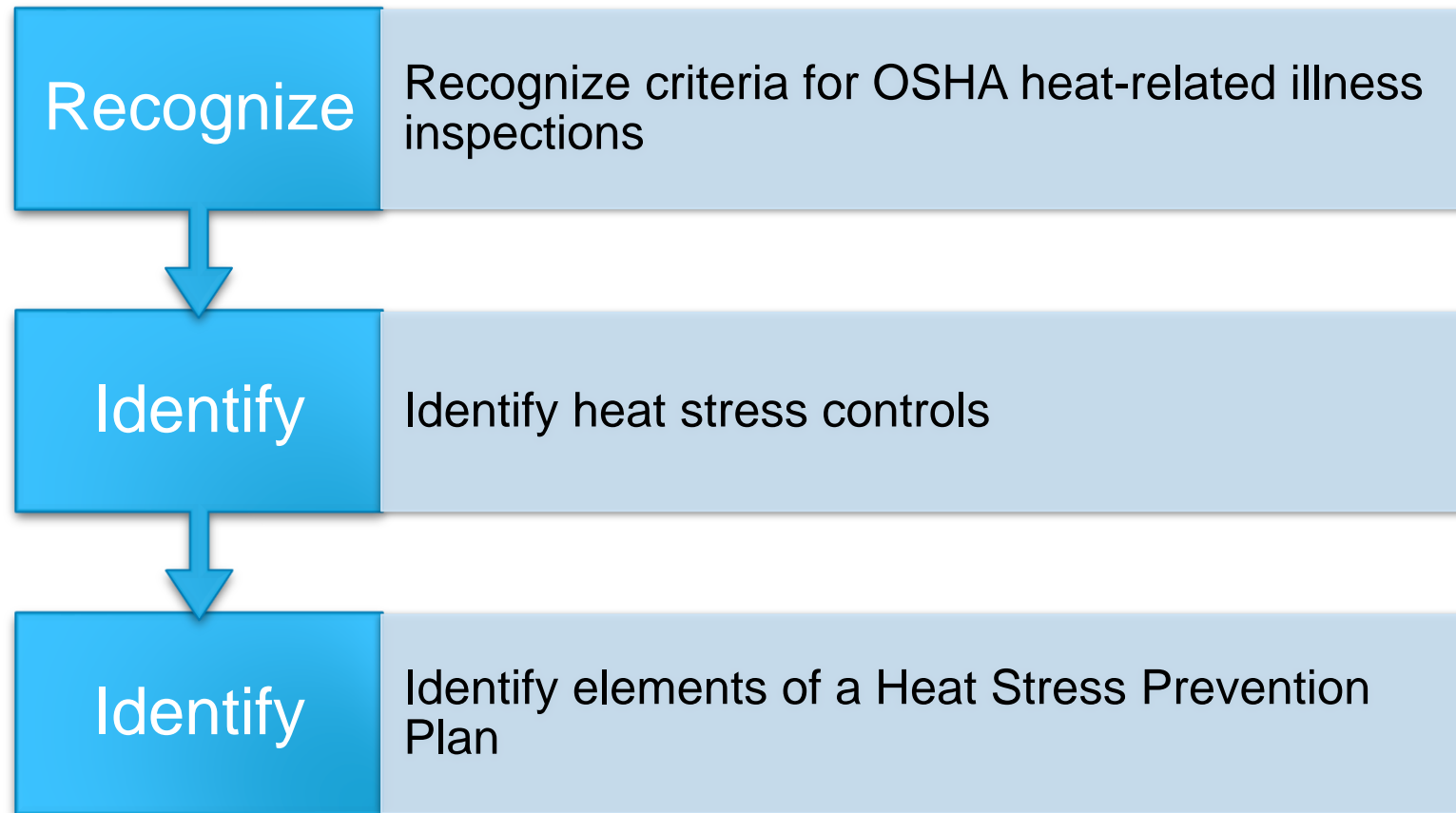
Next Section: Presenter Slides



HEAT STRESS AND OSHA'S EMPHASIS PROGRAM

WELCOME

OBJECTIVES



POLL QUESTION

Do you have a heat stress protocol in place?

- Yes, we use the ACGIH TLV Guidance.
- Yes, we have a policy we implement at certain temperatures.
- Sort of, we might offer water on really hot days.
- Not really.



OSHA HEAT STRESS NEP



In effect as of April 8, 2022



Prioritize heat-related complaints and illnesses



Based upon OSHA Region VI (AR, LA, OK, NM, TX) Regional Emphasis Program

SO WHY IS OSHA DOING THIS?



Affects hundreds
of industries,
occupations and
tasks

Across all
geographic
regions

Disproportionately
affects lower
wage workers

Climate change

EXISTING PREVENTION EFFORTS

Notice of Proposed Rulemaking
Heat Illness Prevention Campaign
General Duty Clause
Region VI Emphasis Program
State Standards



HEAT INJURY PREVENTION CAMPAIGN



**Prevent
Heat Illness
at Work**

Outdoor and **indoor**
heat exposure
can be dangerous.

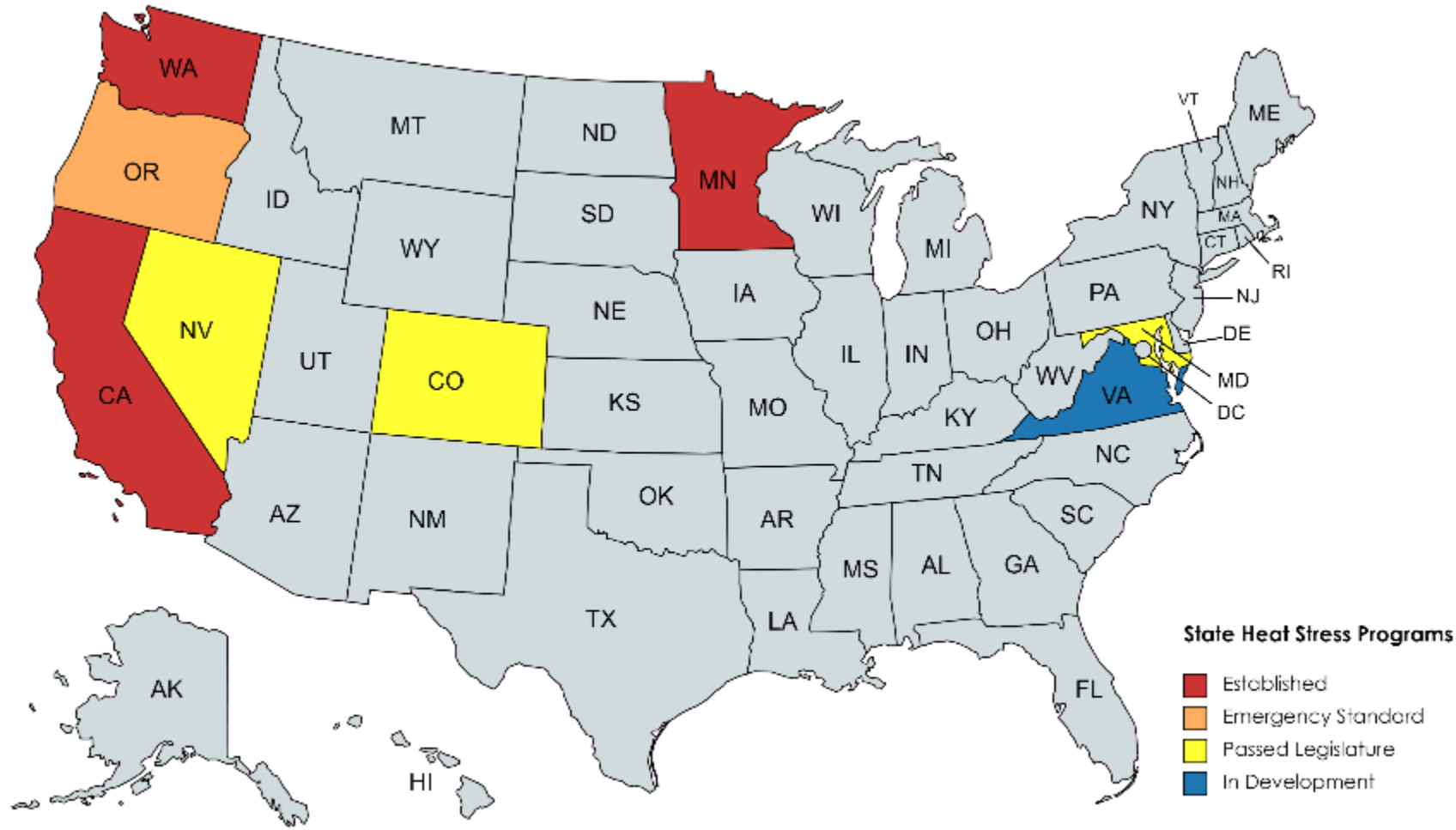
www.osha.gov/heat



REGION VI EMPHASIS PROGRAM

- Based on NWS Heat Advisories for area offices
- Train employees on hazards of working in heat
- Provide drinking water and first aid
- Provisions for emergency medical attention

STATE HEAT STRESS PROGRAMS



State Heat Stress Programs

- Established
- Emergency Standard
- Passed Legislature
- In Development

NEP HEAT INSPECTION GUIDANCE

- Prioritized based on referrals or complaints
- Review OSHA 300 logs and injury/illness reports
- Heat stress prevention plan
- Conditions and/or activities relevant to heat stress



NIOSH HEAT STRESS APP

HEAT RELATED ILLNESS PREVENTION

Acclimatization

Structured program
Increase time daily
7-14 days

Medical Monitoring

Preplacement
Periodic
OTJ monitoring

Training

Recognize symptoms
Proper hydration
Contributing factors

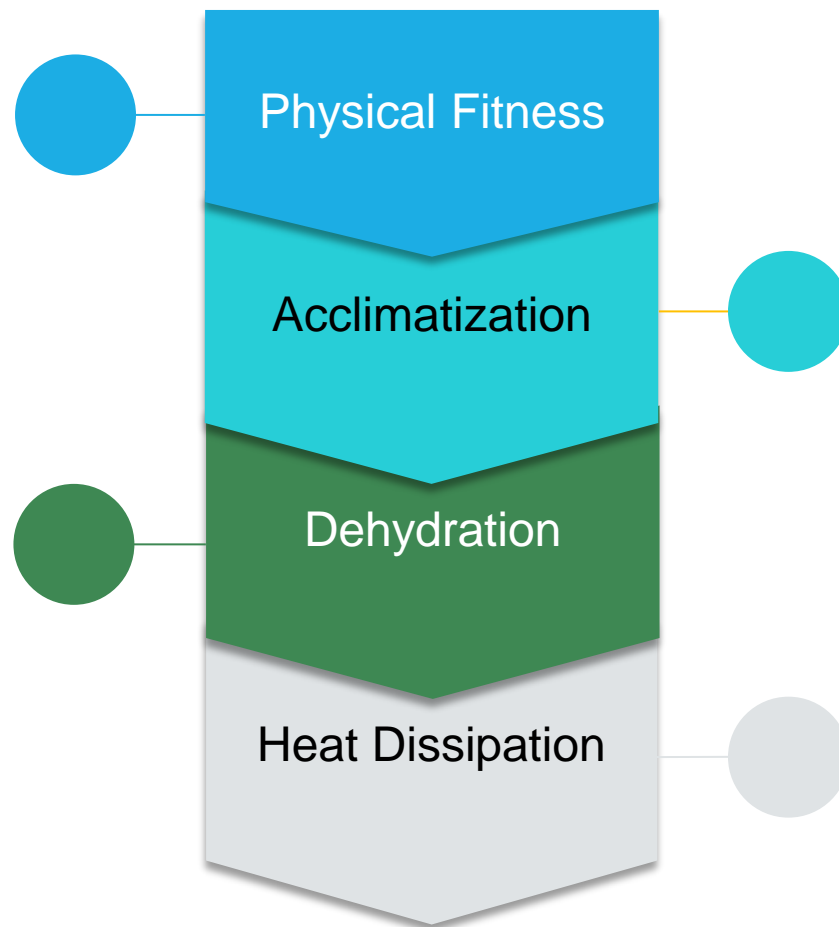
Heat Alert Program

Temperature/humidity based
Heat Index
Warnings

HEAT SUSCEPTIBILITY FACTORS

Physically-fit people have less physiological strain and more efficient sweating.

2-3 gallons of sweat can be lost and needs replenished. Drink plenty of water.



Physiologically adjusting people to working under hot conditions – usually takes 1-2 weeks.

Overweight people produce more heat per unit of bodily surface area.

OSHA REQUIREMENTS

Under OSHA law, employers are responsible for providing workplaces free of known safety hazards.

This includes protecting workers from extreme heat.

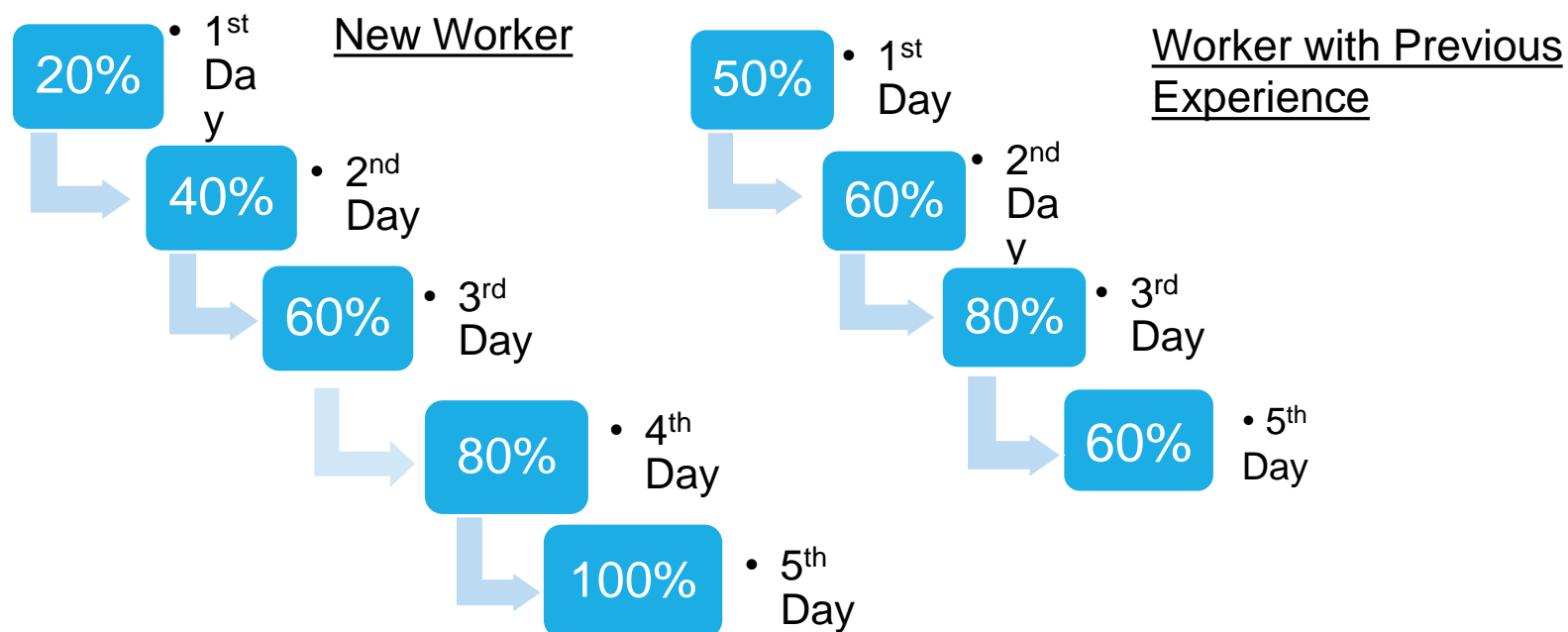
An employer with workers exposed to high temperatures should establish a complete heat illness prevention program.

- Provide workers with water, rest and shade.
- Allow new or returning workers to gradually increase workloads and take more frequent breaks as they acclimatize or build a tolerance for working in the heat.
- Plan for emergencies and train workers on prevention.
- Monitor workers for signs of illness.



HOW TO ACCLIMATE

- Gradual increase in work time in the hot conditions most likely over 7 to 14 days.
- Cooling off and rehydrating between the shifts.



ACCLIMATIZATION

Allowing your circulation to be more stable in the intense heat environment.

Sweating Efficiency.

- Build sweat production, causes you to sweat earlier, and lowers the loss of electrolytes.

Increased blood flow.

Better performance with lower core temperature and heart rate.

KEEPING WORKERS COOL ON THE JOB



Electrolyte Replacement

Provide workers with access to electrolyte replacements.



Shelter

Provide workers an area to cool off when they begin to become exhausted.

Drinking Station

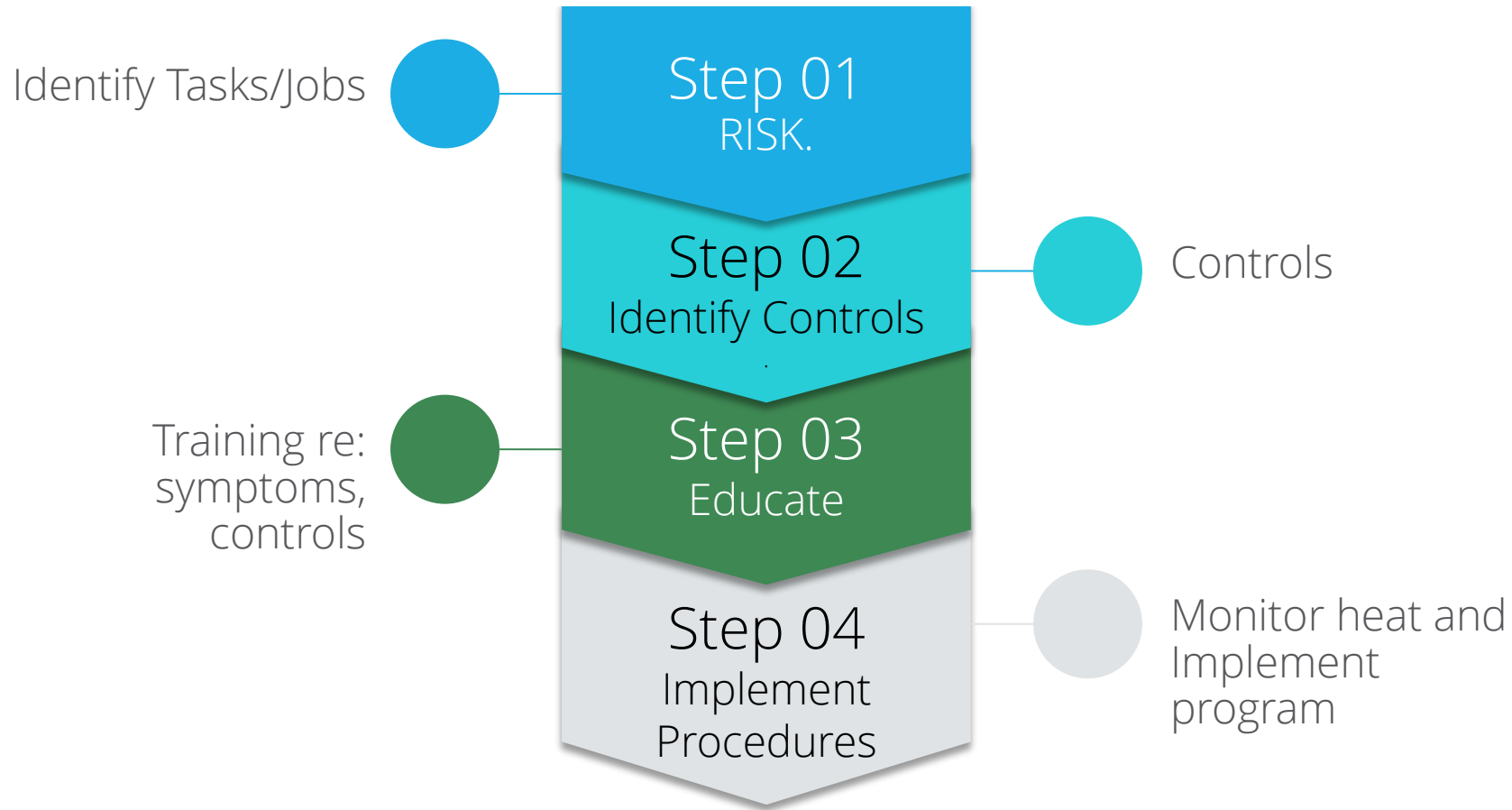
Separately from electrolyte replacement – create hydration stations, such as water coolers, and make them accessible.



Cooling Apparel

Providing workers with apparel that will cool their skin while working will make the heat all the more bearable.

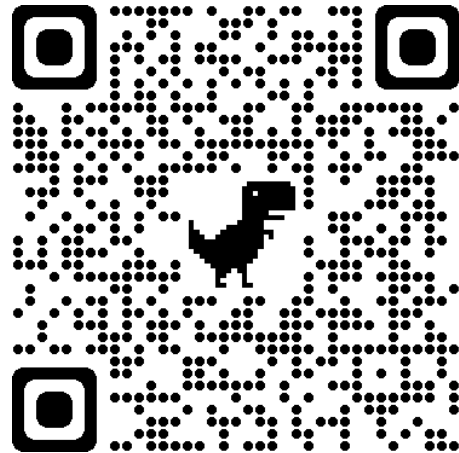
ACTION ITEMS



Heat Stress App - Apple



Heat Stress App - Android



ADDITIONAL RESOURCES

[OSHA's Recommended
Practices for Safety and Health
Programs](#)

[OSHA Heat Campaign](#)

[Occupational Heat Exposure
Safety and Health Topic Page](#)

[NIOSH Heat Stress Safety and
Health Topic Page](#)

Q



Questions?



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